



LIFE GROUP WEEKLY QUESTIONS

May 19, 2024

Burden or Blessing?

1 John 5:1-5

Ice Breaker:

If you were to compare your faith journey to a sports competition, what would it be and why?

READ: 1 John 5:1-5

1. According to John, how are love and faith intertwined? How does your understanding of love influence your faith, and vice versa? How are belief, love of God, love of others, obeying His commands, and faith intertwined? How do they work together to influence each other?
2. What does it mean to love God and obey his commandments? Which commandments are easy to obey? Which are harder to obey? How can you get to the point where following God's commands is a joy and not a burden?
3. What common challenges or doubts do you face in your faith journey with Christ? How can the people in your group pray for and encourage you in those areas?
4. How do you demonstrate your love for God in your daily life?
5. How does your faith in God empower you to overcome challenges and temptations? How has your faith been a source of strength and victory over the world? What do you think it means to overcome the world?
6. Why is it so important to believe that Jesus is the Son of God? How does this impact your identity and purpose as a believer?
7. What are practical habits or disciplines that have helped you strengthen your faith?

Spiritual Rhythm Challenge

Take time in your moments of prayer to advocate for the people in your small group, asking God to encourage them in their faith.

Pray for each other.



SERMON NOTES

May 19, 2024

Burden or Blessing?

1 John 5:1-5

1. How can I powerfully love others well? V.2
2. Why do God's commands feel like such a burden? V.3
3. How can I overcome the pressures of the world? V.4
4. How can I practically embrace ALL of God's commands with joy?

Next Steps:

- Which of God's commands seem to be the most burdensome to you? Say it out loud; "The command of God that feels like a real drag right now is... And I am feeling that because I'm believing a lie? Write down the lie that the world is whispered in your ear. (I believe this pleasure will give me more satisfaction than following God's truth. I believe I will miss out. I don't think God will provide for me what I need. I have a better perspective on this than God does.) Now confess it before God. Ask that God will increase your faith and increase your love for Him and spiritual eyes that see Him as more valuable than what you are being attracted to. Ask God to transform your affections by faith.